



Menu for the Love of Life Café Hosted by the Gateway Lodge  
4103 Hwy B, Land O Lakes, WI at 11:30 AM

| Tuesday   | Wednesday  |
|---|--|
| 1<br>Broiled Cod<br>Baked French Fries<br>3-Bean Salad<br>Coleslaw<br>Rye Bread<br>Cake                           | 2<br>Spaghetti and Meatballs<br>Dark Green Salad<br>Garlic Bread<br>½ Apple<br>Pudding                         |
| 8<br>Pork Chop with Mushrooms and Gravy<br>Baked Potato<br>Whole Wheat Bread<br>Green Bean Almandine<br>Ice cream | 9<br>Chicken Picatta<br>Roasted Red Pepper Hummus<br>Carrots and Celery Sticks<br>Whole Wheat Bread<br>Cookies |
| 15<br>Pulled Pork<br>Mashed Potato and Gravy<br>Whole Wheat Bread<br>Carrot Raisin Salad<br>Banana Split          | 16<br>Raspberry Almond Chicken<br>Dark Greens Salad<br>Sweet Potato<br>Whole Wheat Bread<br>Gelatin with Fruit |
| 22<br>Lemon Pepper Chicken<br>Roasted Red Potatoes<br>Baked Beans<br>Whole Wheat Bread<br>Mandarin Oranges        | 23<br>Meatloaf<br>Mashed Potato and Gravy<br>Tomato Salad<br>Whole Wheat Bread<br>Fruit Fluff                  |
| 29<br>Chicken Fettucine Alfredo<br>Broccoli<br>Garlic bread<br>½ Orange<br>Pumpkin Mousse                         | 30<br>Bratwurst on Whole Wheat Bun<br>Sauerkraut<br>Potato Salad<br>Watermelon<br>Cake                         |

Butter and Margarine Offered. Coffee and Fat Free Milk served with each meal.  
 Lighter Substitute in place of main entrée: Grilled Chicken Salad  
 Place Reservations and choice with **Anna Moore, 715-547-6076**  
 at least 24 hours in advance.